

myHealthcare Cost Estimator

Employer guide

The next generation in more personalized health care for your employees.



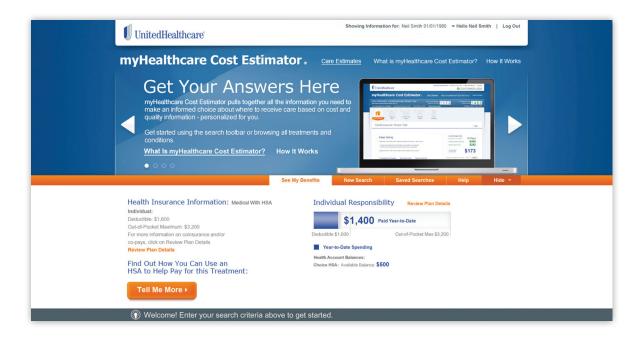
Say yes to know.

Where are your employees getting answers to their health care questions?

Your employees have a lot of questions. But where are they getting their answers? Family? Friends? Colleagues? When your employees seek advice from non-professionals, they're leaving their health care decisions to chance. And chances are, they're making costly choices.

At UnitedHealthcare, we're changing the way you and your employees look at health care — for the better — with **myHealthcare Cost Estimator**, an online resource for information available at no additional cost to UnitedHealthcare members. Conveniently located on myuhc.com,[®] this online tool provides more validated data than any other estimator of its kind. It uses estimates based on available fee schedules or contracted rates, and when fee schedules/contracted rates are not available, estimates are based on claims averages for the particular provider. The information is also personalized to calculate estimated out-of-pocket expenses based on your employees' plan and current benefit status. Plus, it's fully integrated with customer service and clinical support so you have easy access to a wide range of resources.

After they register at myuhc.com, your employees can enter a few keywords in the online tool to quickly access customized information that will help them know the 4 Ps — procedure, provider, price and place. Your employees can find personalized information, allowing them to know before they go see a doctor. Now, searching for health care information is as easy as any online shopping experience. After all, when your employees have access to greater knowledge, they may find new ways to improve their health and increase their savings.



Know more than before.

Here are a few of the questions your employees are asking. And how **myHealthcare Cost Estimator** can help them find answers.

Where do I find a specialist?

Search for specialists and, where available, view ratings based on the UnitedHealth Premium[®] program. This exclusive designation program evaluates and recognizes doctors who meet national industry standards for quality and local market benchmarks for cost efficiency, ranking those who meet both criteria with a maximum of two stars.

How should I prepare for my upcoming procedure?

Access information on treatment options, questions for the doctor and preparation tips.

What's the difference between an MRI and a CT scan?

Find out if alternative treatments are available and might be economical.

Why does one MRI cost \$650 and another cost \$3,000?

Discover how the same procedure performed in different facilities can vary in cost.

Know the 4 Ps when shopping for health care.

myHealthcare Cost Estimator provides your employees with a wealth of information before they go to the doctor.

PROCEDURE

Learn more about a procedure and compare treatment options.



Select a quality provider for a procedure.

3 PRICE

Quickly estimate out-of-pocket costs for specific procedures.

4 PLACE

Locate providers based on geographic search criteria.



Know your procedure.

When a procedure is recommended, it's important for your employees to have the tools they need to educate themselves. **myHealthcare Cost Estimator** provides them with a 360° understanding of select procedures, plus other options that may provide a similar result.

🕖 UnitedHealthcare	Showing Information for: Neil Smith 01/01/1980 V Helio Neil Smith Log Out		
myHealthcare Cost Estimator.			
You searched for: Knee MRI View Treatment Options	Keyword Search Browse All Treatments & Conditions		
Your search returned (3) Care Paths			
Knee MRI	Knee CT Scan		
Average Duration of Treatment and Recovery:	Average Duration of Treatment and Recovery:		
Average in Network Total Cost: \$649	Average to Nativest Total Cost.		
Estimated Out-of Pocket Cent \$290	Extension Out-of Product Cost:		
Choose This Care Path >	Choose This Care Path >		
What is It? An MRI scan of the knee uses magnets and radio waves to make detailed images of the structures in and around the knee joint.	What is It? A CT scan is a special x-ray process that can create detailed images of the organs in your knee.		
Your doctor may order an MRI to find the cause of knee pain or to assess the damage from an injury or joint disease.	What Do I Need To Know? • You must lie very still during the exam. Moving could blur the images.		
What De I Need To Know? MRI machines use powerful magnets, so be sure to tell your doctor if you have any metal or medical devices in your body.			
Tell your doctor if there is a chance you could be pregnant. This test is usually not done during pregnancy.	+ Risks, Benefits, and More Information		
 An MRI can take up to an hour, although never machines may be much faster. 	Knee X-Ray		
	Average Duration of Treatment and Recovery:		
 Risks, Benefits, and More Information An MRI scan can provide sharp pictures of the knee joint and surrounding Insues. 	Average to NetworkTotal Cost		
An MRI is painless and noninvasive, but it is expensive.	Extinuited Out-of Pocket Cost		
 This test does not expose you to radiation, which is a risk of CT scans and x-rays. 	Choose This Care Path >		
A small number of people feel panicky (claustrophobic) from being inside the MRI machine.	What is R?		
There is a risk of harm if any metal is left in the room or in or on your body.	What is 87 A knees -ray uses a small dose of radiation to create an image of the knee joint and surrounding structures. The x-rays may be taken from different		

myHealthcare Cost Estimator helps your employees:

- Research a condition to learn about potential procedures and treatments
- Follow a **Care Path** featuring a step-by-step explanation of a procedure
- Know what questions to ask the doctor, what to expect and how to prepare
- Explore in-depth information on more than 100 procedures, with more to be added



When looking for a provider, your employees can seek information from **myHealthcare Cost Estimator**, featuring, where available, the exclusive UnitedHealth Premium program. Providers earn ratings of up to two stars if they meet national industry quality guidelines and local market cost-efficiency benchmarks.

myHealth	care Cost E	stimator.			
				173	n-Network Cost. \$ 4.6
Your Information to Consid	fer: Deductible Remaining	\$100 HSA Balance \$500			"Employer Name" Pays: \$
Cardionascular Stress Test	Complete ect Physician Step	Cardio Office Visit	Final Estimate		
Compare	Physicians: O	ffice Visit			√ Save
	Remove Comparison	Ramove Comparison	Remove Comparison	Remove Comparison	Remove Comparison
	Deberah Wilson, M.D. 1234 101st St. New York, NY 10002 3 Locations	Elizabeth Anderson, 1234 87th St. New York, NY 10002 3 Locations	Joseph Petersen, M.D. 1234 81st St. New York, NY 10032 3 Locations	Andrew Smith, M.D. 1234 94th St New York, NY 10002 3 Locations	Leonard Howard, M.D. 1234 100th St. New York, NY 10002 3 Locations
	Select >	Select >	Select >	Select +	Select +
Quality & Cost Efficiency (*)	**	**	* Stati Enough Data to Assess Cost Efficiency	Not Enough Data to Assess Cost Efficiency	* Pati Enough Data to Assess Cost Efficiency
Specialty	Cardiologist	Cardiologist	General Practice	Cardiologist.	Cardiologist
Compared to Local Average	Below Average Cost	Below Average Cost	Meets Average Cost	Above Average Cost	Above Average Cost
Total Cost	\$125	\$148	\$177	\$227	\$384
Year Total Out-of-Pocket	\$105	\$110	\$115	\$125	\$157
Distance	.75 Mies	.75 Miles	1.0 Miles	1.25 Mes	5.6 Mies
Gender	Female	Female	Male	Male	Male
Attilated Facilities	Central Hospital ABC Clinic Highpoint Clinic United Hospital	United Hospital	Manhattan Hospital	ABC Clinic	Highpoint Clinic
			4 Go Back to All Ph	ysicians Map Th	ese Physicians +

myHealthcare Cost Estimator helps your employees:

- Research available providers for specific procedures
- Where available, see the quality and efficiency measures of participating providers based on the UnitedHealth Premium program

Know your price.

When your employees understand the costs behind the care, they have the knowledge to make smart choices for themselves, which may lead to added savings for you. This online tool delivers personalized information based on your employees' own health plan. They will clearly see if it makes sense to spend more on a procedure, or if a less-expensive option may be available. Our online **Out-of-Pocket Cost Slider** also shows how the price of a procedure will affect their deductible.

Care Estimate: H More about Knee Mill 2 Your Information to Conski	ler: Deductble Remaining	\$200 HSA Balance \$50		290	"Hetwork Cost: \$ 6 4 9 Planket Average "Employer Name" Pays: \$359
Kree MRI	+ Fin				
Compare		ice Visit (Fac	ility)		√ Save
	Remove Comparison	Reneve Comparison	Remove Comparison	Remove Comparison	
	Central Hospital 1234 101st St. New York, NY 10002 3 Locators	Diagnostic Imaging 1234 86th St. New York, NY 10002 3 Locatom	Manhattan Imaging 1234 G4th St. New York, NY 10002 3 Locations	Manhattan Hospita 1234 100th St. New York, NY 10002 3 Locators	
	Select >	Select +	Select +	Select >	
Compared to Local Average	Below Average Cost	Below Average Cost	Meets Average Cost	Above Average Cost	
Total Cost	\$465	\$488	\$672	\$1,072	
Your Total Out-of-Pocket	\$253	\$258	\$294	\$374	
Distance	.01 Mies	.05 Miles	1.0 Miles	1.25 Miles	
Facility Type	Hospital	Free Standing Radiology	Free Standing Radiology	Hospital	
			4 Go Back to All Fa	cilities Map th	ese Facilities 🔸

myHealthcare Cost Estimator helps your employees:

- Compare estimated prices of treatment options
- Discover whether prices are at, below or above market average
- Evaluate opportunities to reduce out-of-pocket costs

Know the place.¹

When searching for participating providers, it's helpful for your employees to know if an office is conveniently located for them. **myHealthcare Cost Estimator** helps them find providers based on their individual criteria.

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\$	Deborah Willson, M.D. 1234 40th Ave. Marihattan, NY 10002 Phone Number: 212-999-1000 Hours: M-F SAM-SPM		Riverson Part - Wanter	Frederick O		
9	Elizabeth Anderson, M.D. 1234 42nd Ave. Marinatan, NY 10002 Phone Number: 212-999-1000 Hours: M-F 9AM-5PM		1 - 1 0	Parjours , 4	The Poor International Field S	
9	Andrew Smith, M.D. 1234-44th Ave. Marhuttan, NY 10002 Phone Namber: 212-999-1000 Hours: M-P (IAM-5PM	Vest 87n Szeet Dog Run	Cannor 11	na van e	Aver Weaker	
9	Leonard Howard, N.D. 1234 41st Ave. Manhastan, NY 10002 Phone Number: 212-999-1000 Hours: M-F SAM-SPM		An An	a de caracteria de caracteria de la cara		
9	Joseph Petersen, M.D. 1234-30th Ave. Manhattan, NY 10002	Get Directions	K /w.	7	Coopert Provid	
	Phone Mamber: 212-999-1000 Hours: M-F 9AM-5PM	Starting Address Ending Address	1234 Broadway Ave, Manhatt A-1234 40th Ave, Manhattan		Get Directions >	

myHealthcare Cost Estimator helps your employees:

- Locate providers based on geographic search criteria
- Find providers near home, close to work, or clustered around other physicians
- Get addresses and directions to selected locations

Improving health and increasing savings.

UnitedHealthcare will engage with your employees throughout the course of the year. We've learned that the more information and resources we provide them, the better they'll understand the breadth and depth of their benefits. When your employees know more, they may improve their health and increase their savings without compromising the quality of their care.

UnitedHealthcare offers a full range of opportunities to communicate the personalized benefits of myHealthcare Cost Estimator. This helpful information will be delivered in these focused ways:

Direct-to-member messaging through traditional channels.

- myuhc.com messages
- myuhc.com message centers
- Member newsletters
- Select collateral in a variety of print and electronic formats

2 Tools for employers like you that encourage regular communication with your employees through your company's existing channels.

- Online toolkit
- Posters to put up around your office
- Brochures and flyers to distribute
- · Prerecorded and standard presentations

The above materials are available in the online toolkit through the Communication Resource Center at **uhctools.com/myHCE**.

Help your employees be in the know.



Here are just a few of the ways we will be introducing your employees to and educating them about **myHealthcare Cost Estimator** and other valuable health plan benefits.

Examples of direct-to-member communications.





Examples of employer communications available at uhctools.com/myHCE.







Presentations

Brochures

Posters

Take charge. Know more.

We are committed

to helping your employees improve their health.

Through the power of innovative thinking, UnitedHealthcare provides you and your employees with the resources to be more in control of their health care.

That's why we're focused on helping your employees maximize the value of their health plan, which in turn can benefit your company. Our latest innovation, **myHealthcare Cost Estimator**, allows them to take control of their health care decisions. It's an extraordinary resource that opens up a whole new world of care and is designed to empower your employees to take control of their health more than ever before.

We strongly believe a well-informed health care consumer is an empowered one. And we are committed to expanding **myHealthcare Cost Estimator** throughout the year. Currently the tool is available in more than 45 markets, featuring in-depth information on more than 100 procedures — with more to be added.

For more information, visit **uhctogether.com/myHCE4** or contact your broker, consultant or UnitedHealthcare representative today.



¹Depending on the ZIP code in which you live and/or work, you will have access to either our new online tool, myHealthcare Cost Estimator, or the current Treatment Cost Estimator tool.

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All UnitedHealthcare members can access a cost estimator online tool. Depending on your specific benefit plan and the ZIP code that is entered, either the new myHealthcare Cost Estimator or the current Treatment Cost Estimator will be available. A mobile version of myHealthcare Cost Estimator will be launched soon, and additional ZIP codes and procedures will be added soon.